If you’re thinking of installing a solar system, and you’re sick and tired of paying for your hydro bill and all the additional costs associated with it, then you may wish to consider a complete off-grid solar package: meaning, Ontario Hydro comes and cuts all wires from your home to the pole where the transformer is located. This will free you from any association with Ontario Hydro, period!

Continued on Page 3, Picture on Page 17
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AFTER-BATS
Solar Power

Continued from front page...

From Folks who I talk with about the Solar advantages, most want a system but very few do anything about it. If we could just step out of our box for one second to really feel what is actually happening with our environment we would act with a forward motion without question and not allow our ideas and dreams to be taken from us.

I can tell you that for the price of a new Toyota Corolla or a good used one, you could be off-grid and manage just fine, yes there is extra work for the homeowner to monitor the system and maintenance requirements, just like any other machine or car.

One can start small and always add to the solar system increasing its potential for more battery charging capacity and increased storage. In our off-grid solar system I first tried the local Peterborough solar companies which I found not to be competitive with prices on the internet. So I started to go through all the web sites in Canada and finally ran into a company out of New Brunswick called RENEWCANADA. COM where I purchased about 90% of the components needed. My batteries and solar panels I picked up in Barrie and the rest was sent to me via post from New Brunswick. I also spent time on the phone with the owner Jody to educate me on installation and variables associated with the installation required, which I myself installed in the summer of 2010 with 12 solar panels (230 watt each), 16 - 6 volt surrette solar batteries, a 4.4kw (4400 watt) inverter which by the way gives a much cleaner signal then Ontario Hydro Transformer output and all the other associated items needed such as battery boxes, battery cables, frames for the solar panels, wiring, etc.

It was an enormous undertaking at the time, but with a vision and some help and determination we are so much better off-grid and feel great with this accomplishment. Looking back at this adventure it was well worth it. It has taken my wife a little time to adjust to the understanding of how things work, but in the big picture, we continue to move forward.

So, ask yourselves folks, when we loose our power with Ontario Hydro due to earth changes, what are your survival techniques?

Gary Stackaruk
Apsley Resident

(First article of a series about going off-grid and being self-sufficient!)
ApsleyVoice is published by William & Elizabeth Johnston, Box 383, Apsley, ON K0L 1A0

Deadline for the June issue of Apsley Voice is May 15th, 2011

Apsley Voice is published by William & Elizabeth Johnston, Box 383, Apsley, ON K0L 1A0

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Distribution
Graham Allen
Circulation: 4,500
Published monthly
Distributed from Lakefield to Bancroft with Canada Post

Subscriptions are available for $35 per year.

The editors, directors and/or publishers will not be liable and assume no responsibility for losses or damages arising directly or indirectly from errors in the Apsley Voice. Opinions expressed in this publication are those of the authors of the articles, and do not necessarily reflect those of the editors, directors and/or publishers.

Any comments sent in to the Apsley Voice may be published. Releasing information to the Apsley Voice will be considered consent to publish. All submissions may be subject to some editing due to space restrictions.

Visit us online @ www.apsleyvoice.com

BRIDGE REPORT

by Bob Sutton

With the better weather we are working outside and then feeling it in our backs, arms, legs and places that you didn’t know you had. This is a good time then to recuperate and have a relaxing game of Bridge, at the Trinity United Church, Fridays from 1:00 to 4:00 p.m. Also on Tuesdays from 1:00 to 4:00 p.m. at the N.K.C.C. (Seniors memberships are $5.00 for the year!) you can join us for a quiet game of Bridge. Now that the snowbirds are coming back, there is a nice array of players in our midst. We play duplicate and contract, beginners are always welcome. For further information, contact Bob at 705-656-9401.

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Seventy-five years ago, Spain was in the throes of a civil war. The poorly equipped People’s Democratic Republic faced off against the powerful military forces of the brutal fascist dictator Generalissimo Franco. Today, we are witnessing another defense of democracy initiated by a the rag-tag people’s army of Libya against the tyranny of Gadhafi’s dictatorship. The parallel is no accident of time. What we have learned from history is that dictators make very good bullies, but very poor negotiators. Franco, like Gadhafi, displayed relentless sociopathic behaviour, which culminated in a Spanish genocide. When people around the world read about the slaughter that was taking place in Spain, young men and women left their home nations of Britain, France, Ireland, the United States and Canada to fight for democracy alongside the inadequately prepared people of Spain. Like the beginning of today’s Libyan conflict, the Spanish Civil War was hopelessly uneven – people untrained in combat were using rifles and hand guns against bombs and tanks. These were ordinary people simply trying to defend the principals of democracy.

Back then, with no UN to come to their aid, the young people who went to Spain, did so because they felt it was the right thing to do. Ernest Hemingway was there in the front line, so was the great Canadian novelist and naturalist R. D. Lawrence who hailed from Minden, Ontario. Fortunately, both survived the debacle. The death toll from Franco’s war machine was responsible for the massacre and torture of hundreds of thousands of civilians. “They should be crushed like worms,” was Franco’s famous war cry. Sound familiar?

Throughout history, people tend to adopt a follow-the-leader mind-set. But when that leader turns out to be a ruthless self-mythologizing psychotic, look out! History is replete with examples of so-called leaders whose “absolute power, corrupted absolutely.” They almost always turn out to be people who, aside from feathering their own nest, create an agenda which appeals to greed and a ploy of nationalistic chauvinism to retain their personal power.

Hopefully, humanity appears to be moving in the right direction toward a more peaceful planet. But sometimes it takes a song to remind us of a time of heroes. The last line of Pete Seeger’s anti-war ballad says it all: “When will they learn, when will they ever learn.”

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WiFi Boot Camp

In April, a group known as the Kawartha Safe Technology Initiative (KSTI), asked the local school board to change their planned deployment of WiFi technology. They are requesting a ban on WiFi in K-8 schools and they are seeking a severe restriction on WiFi deployment in secondary schools.

KSTI is relying on research papers authored by a Trent University’s Dr. Magda Havas and Dr. Sinatra from the US who claim that new scientific information has shown that WiFi technology (commonly used in cordless phones, cell phones and lap tops) may “expose young children to microwave radiation for 6 hours/day, or a total of 1,200 hours every school year.” They also note that no studies have been conducted to test the short or long-term effects of this level of microwave exposure on children.

KSTI is encouraging the school board to consider consultation with experts who are not affiliated with any industry or government organization. In response, Board staff has relied on information supplied by Health Canada and the local Health Unit for standards. Havas argues that these government standards are not protective of human health and safety. KSTI claims that the key issue is that the current standards are not protective of the health of children (whom they claim are extremely vulnerable to WiFi) and to people who are electro-sensitive, the elderly and other immunocompromised people.

Canadian standards are based on measurements of the effect that WiFi has on the heat or temperature of the human test subjects. However, Havas says that Eurasian countries who lead in restricting the use of this technology are using human biological effects that include changes in calcium flux, changes in the permeability of the blood-brain barrier, and damage to DNA. Canadian guidelines are based on measuring the ability of microwave technology to introduce heat into the human users.

KSTI wants the local school board to take the lead in Ontario with respect to putting the breaks on WiFi deployments. They believe that by minimizing microwave radiation exposure, a healthy and safe learning environment will be available for our children.

A View From the Swamp

What’s The Fuss?

Occasionally, the introduction of new things (food, chemicals, drugs and technology) results in some kind-of backlash. Common examples of this include, genetically-modified foods (GMF’s), pesticides, microwaves and cell phones. Sometimes, a push-back is led by the government (e.g. use of hand-held devices while driving) and sometimes it is led by citizens (e.g. wind turbines and fluoride in municipal water). Credible arguments are based on information supplied by scientists, some arguments are based on myths or hoaxes.

The internet has a lot of information to argue against the various claims of the dangers of electro-magnetic fields (EMF) or electro-magnetic radiation (EMR). Of course, nobody can claim that there will never be a study which shows that microwaves cause cancer or any other disorder or disease. Nothing can be shown to be absolutely safe for everybody. The NRC’s review of 500+ studies conducted over a period of 20 years found that “no conclusive and consistent evidence” that EMF’s harm humans.

In a 2002 article in the New York Times, Dr. Robert Park said: “All known cancer-inducing agents act by breaking chemical bonds, producing mutant strands of DNA. Not until the ultraviolet region of the electromagnetic spectrum is reached, beyond visible light, beyond infrared and far, far beyond microwaves, do photons have sufficient energy to break chemical bonds. Microwave photons heat tissue, but they do not come close to the energy needed to break chemical bonds, no matter how intense the radiation.”

Recently, the microwave pundits have turned their attention to the use of WiFi technology. Despite the fact that radio and TV transmissions are stronger and more pervasive than WiFi networks, there has been little call to reduce radio or TV transmissions. Wi-Fi power is lower than that for cell phones. Photons of visible light carry more energy than microwaves and bombard us much more frequently than microwaves from such things as cell phones or wireless networks.

Some argue that hypersensitivity to EMFs is a psychosomatic disorder. A well-regarded 2007 study of cell phone usage in Norway showed no evidence that RF fields from mobile phones caused head pain, discomfort or other physiological effects. No doubt, the debate will continue.
Come Join the Legion

Hello out there!
Many people think the Royal Canadian Legion exists only to provide a drinking haven for old soldiers who only talk about their war amid a cloud of smoke and the smell of beer. Au contraire!!!

Legion membership is open to anyone, who is willing to embrace the memory of our fallen soldiers and Veterans, while, at the same time we put on events that entertain and inform the community. We work with school children, our medical center, and we provide assistance to veterans who need services from Veterans Affairs Canada.

We provide bursaries to local students, and we support other Apsley clubs and activities by donating time and money to their causes.

Of course, we also remain determined to be an enjoyable gathering spot for those wishing to have a break from the day-to-day world, and we host many musical nights, (Friday) that display our incredible base of local talent. That part is the pure fun of being in the Legion.

So we have a proposition for you. If you join the Legion you do not need to be a soldier, and ex-soldier or even a relative of a soldier --- you only need to enjoy doing good things in the company of other good people. You also only need your own sense of humor, the desire to meet the real people in your community and participate in the Veneration and Remembrance we render to the fallen and survivors of Canada’s wars and conflicts. What’s in it for you? See above, and remember that doing good things brings a sense of satisfaction that is at least the second best feeling you can personally experience.

Also, if you are between 35 and 50 years of age, we need you. In a short time, those who pioneered the Legion in Canada will be no more. Our importance and the things we do are too valuable to die out with the end of the present older generation.

May also brings us to the 66th Anniversary of the Victory in Europe. I remember when Winston Churchill announced the victory over what he called “the Nazis”, I was 7 years old, and we got my CCM wooden wagon, an old wheel rim, a drumstick to beat on the wheel and pots and pans and lots of streamers and paraded around the block for hours, banging the pots and singing, “We did it before and now we did it again”. I remember it as though it happened last week.

Then, like wildflowers, signs and bunting began appearing on house porches, ‘Welcome Home Father’, or Son, or Daughter, a sign that that house had sent someone off to war and that they were coming back. Sadly, too many were never to come back.

This milepost in History is important to all Canadians, new and old. Preserving the memory of the sacrifice that paid for our freedom today is at the core of Legion membership and ritual. Be a part of it.

We will Remember Them...

Barrie Richardson
Legion President

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STARTING MOTHER’S DAY WEEKEND
Locals would be surprised to know how much musical talent can be found in the area. Improvised musical gatherings (jams) are being held in Apsley both privately and at the Apsley Legion.

Jams sessions (also called ‘kitchen’ sessions) take place at the Legion in Apsley on Friday evenings. Whether you bring your musical instrument or your vocal talent all are welcome to join in and sing along. Songs played range from oldies, country favourites, folk tunes, pop and rock and roll. I found myself singing along with the lyrics I knew.

Beginner players are welcome and encouraged. It’s never too late to take up that instrument you’ve always wanted to learn, whatever your age. Learning just a few chords can get you started in strumming along. In this friendly atmosphere, players are willing to help and share techniques and tips to help you along.

It’s heart-warming to hear several guitars strumming together and singers joining in. Recently, I dropped in at the invitation of Andy McGinn to a jam he hosts on Tuesday nights at his home. Andy is one of those who just recently took up learning to play guitar, something he has always wanted to do.

It was wonderful to see the sharing of musical knowledge and storytelling that happens spontaneously. I was quite impressed with the level of musical ability. Even though they did not pursue it some of these players could easily have been professionals.
Having had the opportunity to write articles for the Apsley ABC Seniors column these past four years, coupled with the graciousness and patience of the editor and owners of the Apsley Voice, has been an exciting and personally rewarding experience. It is with much regret that I now ‘step down’ from the responsibilities of ABC’s secretarial office, handing over the reigns as it were to a much more astute individual of excellent qualification, Mrs. Karen Murphy! Please grant her overall support and encouragement. I shall be continuing as a Director within the ABC Senior Club executive, hopefully providing assistance and programming for overall benefit and enjoyment for Apsley seniors!

Apsley ABC Seniors will greatly miss the presence of Fran Halstead, a dearly cherished, long time member, who passed away quite suddenly in mid-April of this year.

The annual Apsley ABC’s ‘Euchre Tournament’ will be held at the NKCC commencing at 9:30 A.M. on May 9th, 2011. Running until noon hour, prizes and luncheon will be provided for the happy occasion.

Sunday, May 29th the ABC Line Dancers will be participating in ‘Dancing for Hope’ at the NKCC in order to help advance medical research in its’ quest for the cure for breast cancer.

At 1:00 P.M. on Tuesday, April 5th, 2011, at the North Kawartha Community Center, Pastor Reverend John Trotter, presided over the ‘swearing in’ of the new ABC Seniors Executive member council. Susanne Robarts, representative of the U.S.C.O. (United Senior Citizens of Ontario), originally scheduled to perform this function, was at last minute ‘cordially excused’ in order for her to attend to family health concerns.

North Kawartha Apsley ABC Seniors Executive for 2011-2012:

President: Richardson, Helen
Vice-President: Price, Elfie
Secretary: Murphy, Karen
Treasurer: Langille, Dianne
Director: Alice Liberty
Director: Conley, Brian
Director: Steane, Cliff
Director: Goodson, Nancy
Director: Nicholls, Shirley
Past President: Sutton, Bob

A senior’s moment to ponder:
“Half a century ago, an unhappy couple in their mid-60s might have stayed together because they thought it wasn’t worth divorcing if they had only a few years left to live. Now, 65-year-olds can easily envision at least 20 more active years — and they don’t want them to be loveless, or full of frustration or disappointment.”

Pepper Schwartz
(Professor of sociology, University of Washington)

Need a ride to or from the new North Kawartha Community Center in order to attend club events? Contact Mrs. Helen Richardson (President) 705-656-1585 or Mrs. Elfie Price (Vice-President) 705-930-5988

Editors’ Note:
Thank you Brian Conley for all your contributions to the Apsley Voice. Your articles were always thoughtful, informative and welcome. It’s been a pleasure.

L. A. Perna

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Editors’ Note:
Thank you Brian Conley for all your contributions to the Apsley Voice. Your articles were always thoughtful, informative and welcome. It’s been a pleasure.

L. A. Perna
Community Gardening

On Saturday, April 16th 2011 The Gardens had their Spring Opening meeting. Our goal is to let our communities know what is going on and how they can get involved. Despite the weather being very unpredictable the meeting was filled with enthusiasm and excitement. We would like to thank Larry from Jack’s Lake Landscaping for their generous offer of equipment and support to our members.

Topics covered included what a community garden is (basically common land worked on by a group of people for the purpose of gardening); what can be grown (flowers, vegetables, herbs are all good choices); cost (none); how much space is available (18 - 4’x8’ allotments in total) and those interested were able to sign up for an allotment. More information is available at our website (http://woodviewcommunitygarden.weebly.com) or by calling Heather (705-654-4488) or Michelle (705-654-5084).

When you are in the area, stop by and check things out, we are located off Northey’s Bay Road in Woodview, at the Wilson Park Community Center next to the playground. I am really excited that my garlic is coming up!! Soon there will be much more.

Left to right:
Peggy Leake, Carolyn Amyotte,
Michelle Meddings
Background:
Autumn Meddings, Arthur Meddings,
Natasha Ball
Photo by Heather Brooks-Hill

by Michelle Meddings

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Bringing the Voices of the Kawarthas to You
Some of my fondest childhood memories are of my father taking me and my brothers fishing. On almost every spring and summer weekend, my father would load the car-top aluminum boat and take his boys in pursuit of some angling action. For my Dad, these trips were of dual purpose. Firstly, he got to spend some quality time with his sons and secondly, it was an opportunity to stock pile some fish into our freezer. Back in the sixties and seventies almost all anglers took fish home for table fare. In the eighties live release fishing tournaments grew in popularity and the concept of releasing fish unharmed spread to all anglers. Fishermen realized that to ensure fish stocks for future generations, they had to limit their harvests. Even my father became selective in what we would keep.

Now don’t get me wrong, I think that live release fishing is a fantastic concept, but sometimes a good thing can go too far. On numerous occasions I have seen fellow anglers berated for the act of keeping the odd fish for supper and I think that is wrong. Remember, there are organizations that would like to see sport fishing stopped because they feel that anglers are using fish as toys when in reality they are living creatures. By not keeping the odd fish for food, we are aiding their argument.

Let us keep practicing live release angling but let’s not criticize those that want to enjoy a meal of freshly caught fish. To keep sport-fishing alive and sustainable, we must all work together.

Happy Angling.
The HandMade and HomeGrown tradition of the Apsley Market returns for another season of fun and camaraderie. The vendors have been busy all winter on their labours of love getting ready for the upcoming season at the Market in the center of Apsley.

Every Saturday morning all summer long just after sunrise you might see the hustle and bustle as tents go up and wares come out for display. The stalls will be open from 9 in the morning till 2 in the afternoon offering sights to dazzle the senses. On any given Saturday you might find the perfect mug for your morning coffee or that outdoor chair you've been longing for all winter. Or maybe a bag of popcorn is all you need as you browse the stalls letting your imagination roam to all the possibilities for creative endeavor. Or perhaps you too would like to join us as a vendor, offering quality goods to our neighbours.

There is a certain intangible reward to creating something that others appreciate. So come on out and enjoy the fun. Shop, browse, and chat with your neighbours. Participate or just let your imagination loose and dream.

If you have any questions or want to become a vendor contact Helen or Debbie at apsleymarket@hotmail.com. See you soon.

Every Saturday
May 21 to Oct 8
9 am to 2 pm
behind
Hunter’s General Store

North Kawartha Summer FunFest

A week-end of fun, music, food, interesting exhibits and games. The whole North Kawartha Community will gather in Apsley to present one fine time!

August 5, 6, 7, 2011
Funfest Location:
Royal Canadian Legion, Branch 381
150 Burleigh Street, Apsley

Plenty of action for the children, some cool adult time for music, food and dancing, carnival games. You’ll see performers raining from Bluegrass to Beethoven. There will be per-activity tickets, or Week-end Passports that include Meals AND Attractions. The Sunday breakfast will be a full pancake and fruit feast.

We are trying to contact one grand old Rock ’n Roller to join us. However, the “Eldorado of talent” that lurks here in North Kawartha will be tapped to provide excitement and amazement.

This will be the largest party ever presented in North Kawartha, and Apsley, the center of the universe as we know it. We are inviting all the community groups to join in and help put this region on the map, big-time. We in the Legion want to find anyone who has worked on a large town-wide events.

If you have ever been part of presenting a Fall Fair or a festival, call us and join the party. 705-656-4552. Come and join us, and celebrate what a Canadian Summer is all about. We have the greatest back yard on earth!

And remember … celebrate responsibly. If not, emergency services and Designated Driver services are available

Contact: Barrie Richardson, President & Public Relations Officer 705-656-1585
Email: barrie.r@wordshoppe.ca

North Kawartha Summer FunFest
The Buckhorn Community Centre is investing in a sustainable future, and is inviting the public to get on the environmental bandwagon.

This spring, the BCC is embarking on a new environmental initiative by installing a grid-tied solar array on the roof of the main building. This array will serve as a sustainable source of energy, generating power that will be fed into Ontario’s power grid. In turn, the Ontario Power Authority will purchase this energy from the BCC, providing funds that can be allocated towards more programs and services for the Buckhorn community.

The BCC is reaching out to the community to contribute to a cleaner environment and invest in the community’s future. The “sponsor a panel” campaign offers anyone the opportunity to donate and sponsor one or more of the 312 solar panels being installed.

“We have a proud history of environmental awareness,” says Rosemary Binns, President of the BCC’s Board of Directors. “Thanks to our hundreds of volunteers, we are taking action to support a sustainable future for the community and beyond.” To recognize the generous donors, the BCC will install a durable, long-term “Solar Legacy” display. This display will be situated on the exterior, south-facing wall of the BCC; drawing attention to the array, as well as our generous contributors.

For more information on this latest initiative, or to find out how to make a donation, please visit our website at www.buckhorncommunitycentre.com. You may also email Becky at minten.becky@gmail.com or judy@buckhorncommunitycentre.com or call 705-657-8833.

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Churches Spring Music Festival

Under one God together with friends and family, the three churches and the Community Chapel had a very successful spring music fundraiser. Our honorary Mayor, better known to us as Aunt Darlene Doxsee, together with Dan Armstrong and friends of the churches put it all together providing a wonderful afternoon at the NKCC. The entertainment was provided first by the sweet voices of members of the Community Chapel, followed by Doug Reynolds and friends and then the Chandos eclectic band. They were joined later by many other local fiddlers and musicians. Dr. Rayes and Sally Rayes were recognized for their contributions to the community over the year. In return we showed them our appreciation with a small token and a standing ovation. Hurray for Apsley and those that came, each church ended up with over $200 and many happy souls. 

Frank Pacheco
Spring is in the air and our minds are turning to summer sports. Do you enjoy Golf? If so come out and join us starting Thursday June 2nd at 9:00 a.m. If you are visiting or on vacation you are welcome to join us as many times as possible. Green fees are paid only on days that you attend and golf. The season will run every Thursday morning from June 2nd on through till the Thursday before Thanksgiving. Each week names are mixed up and drawn to make teams which means you will play with different people each week. A shotgun start allows us to finish at approximately the same time. After golfing we enjoy coffee and muffins at the clubhouse. During the season there will be two best ball tournaments with a potluck meal. The first one is Saturday July 9th, 2011 and the second will be Saturday September 10th, 2011.

Our season starts Thursday May 26th with a potluck lunch (finger food) at my cottage. New and old members get together and make plans for the upcoming season. If you would like more information you may call Marlene Bond at 705-656-9340, Gayle Brosseau at 705-656-1144, Elaine Reddick at 705-656-4219 or myself at 705-656-9558.
Character Education and Character Development have been buzz words over the past several years. Character education encourages everyone to work together to create a community of caring citizens. These qualities form the basis of our relationships with one another, and of responsible citizenship. In the Kawartha Pine Ridge District School Board, the 10 most important character attributes on which all of our schools focus include: Respect, Responsibility, Honesty, Integrity, Empathy, Fairness, Initiative, Perseverance, Courage and Optimism.

These attributes set the basis for standards of behaviour for everyone in our schools, including students, staff, volunteers and visitors.

Character Education in our school community is important for many reasons. Research indicates that character development helps schools to nurture:

- respect for self and one another
- responsible local and global citizenship
- improved relationships with one another
- positive school culture
- safe, caring and restorative school environments
- higher academic achievement
- greater self-discipline
- fewer behavioural problems
- workplace skills sought by employers.

Over the last few months, Apsley students and staff have made character education a real focus. Throughout the month of March and April Respect and Responsibility were the character highlighted attributes. Students were introduced to the attributes during a kick off assembly and followed the learning goal (e.g. We will be respectful of other people, of others’ belongings and of our school.) and the Success Criteria (e.g. I am polite, courteous and caring. I value myself and others. I treat all people with dignity and uphold their rights. I protect property and our environment.).

At the end of the month we celebrate our attribute achievement and highlight students from each class who have demonstrated superior character based on the success criteria. Students are presented with a Character of Month award at our monthly assembly. In addition to this award, students may also be awarded a Hawk of the Month award. This award is presented to students who have demonstrated something above and beyond what they normally would do. (e.g. improved academic achievement or demonstrating strong athletic ability or sportsmanship, doing something unique or creative in the school or community)

We all work together to promote character development. Parents and guardians, of course, have the primary responsibility for developing character in their children. The community and school play an important role as well. Adults in all capacities serve as a model for children. They reinforce character attributes in their day-to-day actions and interactions with family, school and community and can point out specific examples of people around them behaving with good character so that our youth may become strong, positive local and global citizens!
On March 18th, 2011 we hosted our first youth dance at the Apsley Legion. There were two dances, first one from 2pm to 4pm for children ages 4-9. This was a great success with many children and parents in attendance enjoying the music and entertainment.

Our second dance was from 7pm to 10pm for children ages 10-16. This dance was different from the first. Mostly boys attended this dance and more card playing went on then dancing. Nonetheless the boys seemed to enjoy themselves.

Older children showed interest in having a card night for them to get together and play some games with friends. We will be planning this in the near future.

As our first event came and went this has left us with some new ideas and inspiration to come up with more activities to engage our youth. Next, we had a baking day for children at the Apsley Community Centre on April 16th. Children were invited to come out from 10am – 1pm to enjoy baking and decorating Easter cookies with their friends. Pizza, drinks and of course some cookies were served to the kids for lunch.

Our hope as a committee is that we will be able to raise enough funds to start some long standing weekly programs for kids such as dance, yoga, karate etc. for the upcoming school year.

Thank you for all the volunteers who helped us with our children’s dance we really appreciate your support and thank you to the Legion and its members for opening its doors to us!! A special thank you to Daniel for coming and sharing his break dancing moves with all the kids!!

Keep an eye out for posters or advertisements for our next events.

For information regarding volunteering or hosting a workshop please contact us. apsleyyouthcommittee@htomail.ca or call Georgina @705-656-9061 or Sherry @705-656-8488.
This spring and summer explore the Apsley area by visiting the Gut. The “Gut” is a large gorge that the Crowe River flows through. Some of you may remember it as ‘Buttermilk Falls’, before it was a conservation area.

The Gut Conservation Area features a spectacular waterfall, rugged rocks and walking trails, a parking lot, a stairway down to the gorge and a lookout area. This is a great place to explore this summer with family and friends. It’s also a unique and wonderful place to take photographs. From the parking lot, rustic stairs lead you gently down through the forest to the gorge. The walk down is fairly easy though a bit of a climb back up if you are stair challenged.

The Crowe River rushes through a fissure through Precambrian rock down from thirty metres high, with canyon walls on either side. The gorge is breathtaking.

To get there take the 504 from Apsley to Lasswade Road where there is a sign for the Gut. Be forewarned the road to the Gut is quite rugged and bumpy and it’s a single lane so you’ll need to go slowly, but the trip is well worth it.
Weekly Events:
Mon. 9:30 am Walking Group
Tues. 10am - 4pm A.B.C. Seniors Club
7:00 pm Ping Pong
Wed. 9:30 am Walking Group
11:30 am Line Dancing
7:00 pm Lions Bingo
Thurs. 7:00 pm Lions Club Meetings
2nd and 4th Thursday of each month
Fri. 9:30 am Walking Group
10:30 am Ontario Early Years Centre
1st, 2nd, 3rd Friday of each month

Fitness Centre Classes
Mon. 9:30 am Tai Chi
Debbie Robinson 705-656-4588
7:00 pm Ladies Aerobic Workout
Lisa Koehler 705-656-1476
Wed. 7:00 pm Zumba
Barb Shaw 613-334-4164
Thurs. 7:00 pm Ladies Aerobic Workout
Lisa Koehler 705-656-1476

Glen-Alda Community Centre
Weekly Events:
Mon. 10am – 2pm Creative Circle
7:00 pm Alcoholics Anonymous
Wed. 10am – 4pm Glen Alda Seniors
2nd and 4th Wed of the month

Wilson Park Community Centre
Weekly Events:
Tues. 10:00 am – 11:00 am Tai Chi
7:30 pm Cards
Wed. 7:00 pm – 9:00 pm Line Dancing
Thurs. 1:00 pm – 4:00 pm Adult Social
**Strengthening Local Library Services**

Ontario is supporting life-long learning and literacy in Haliburton-Kawartha Lakes-Brock. The province is investing in local libraries to help build their collections and programs to strengthen community services.
- Brock Township Public Library Board will receive $2,737
- Cavan Monaghan Libraries will receive $2,095
- The Township of Faraday will receive $2,000
- Galway-Cavendish and Harvey Township Public Library will receive $2,939
- Haliburton County Public Library Board will receive $9,800
- Kawartha Lakes Public Library Board will receive $13,296
- North Kawartha Public Library will receive $2,320
- Wollaston and Limerick Public Library Board will receive $2,000

These amounts are one-time grants in addition to annual Public Library Operating Grants. Providing free, reliable and consistent access to information supports literacy, skills development, research and many other learning needs of Ontarians and helps to build Ontario’s knowledge economy.

**Quick Facts:**
- Ontario is investing $2.85 million in one-time funding to strengthen the province’s public library system. Of that, $1.9 million will be invested in public libraries across the province to build collections and strengthen community services. An investment of $950,000 will be provided to the Southern Ontario Library Services and the Ontario Library Service – North to assist these agencies in maintaining the delivery of necessary services.
- Ontario is home to 320 public library systems, including large, small, rural, remote, Francophone and First Nations libraries, with over 1,100 locations. Each year, Ontarians make over 69 million visits to local libraries across the province. 99.7% of public library branches provide public Internet access.

**For More Information Contact:**
Mary Anna Zakula
Office of Rick Johnson, MPP Haliburton-Kawartha Lakes-Brock 705-324-6654 or 1-800-424-2490

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**Susanne Lauten**

Green Party Candidate

People who know me from the many causes I’ve been involved in, have nick-named me “the little pit-bull.” And it’s true - I’m very tenacious and fiercely protective of the people in this riding, our beautiful habitat, and our jobs. All three are tightly connected. But it’s not enough to be tough, it’s also important to be effective. And I’m proud to say that I’m one of the people credited with getting the ancient Ontario Mining Act changed to protect those people who don’t own the mineral rights to their land. Now they’re safe from unwanted mining and exploration on their property.

And as the Green Party candidate, I’ve spent the past year-and-a-half visiting every corner of this riding and listening to peoples’ concerns. I’m hearing the same story over and over again. International mega-corporations are bearing down on our riding and taking either our rocks and minerals, our water or our property values. And when the people ask their governments to protect them from these corporate raiders—they get no help. In fact, it seems to me that our own governments are holding the door open for these corporate raiders.

For example, I helped the people of Millbrook protect their water from a powerful real estate developer who wanted to exploit their water source, and pipe it 12 kms to his new mega-development.

Everyone knows the Green Party has the strongest environmental policies, but what’s less well known, is that we have a complete national policy document, Vision Green. Read it at www.greenparty.ca. It offers practical and fully-costed solutions to every challenge Canadians face. In fact, the TD bank’s former chief economist, Don Drummond, recently analyzed and critiqued our Green policy. He gave it an approval rating of B+.
Church News

Apsley Community Chapel
McFadden Rd.
Sunday service - 10:30 a.m.
We’ve changed Tuesday prayer service time to Wednesday prayer time 10:00 am
Tuesday Youth, Ages 12-18 now at the church- 7:00 p.m
Wednesday Mid-Week Service for Adults & kids night for all ages 7:00 p.m.
Everyone Welcome

Pastor, Reverend John Trotter,
Church Phone # 656-1510
Pastor John’s phone
705 656-1778 or visit us at: apsleycommunitychapel.com

St. George’s Anglican Church
St. George’s Anglican Church Sunday service - 11:00 a.m.
Priest-in-Charge: The Ven David Peasgood
2 services per month by Rev. Murray McColl
Good Friday service, April 22, 11:00 a.m Easter Sunday service April 24th,
Everyone welcome.

Lakefield Baptist Church
Sunday service - 11:00 a.m.
36 Regent St., Lakefield.
Rev. Philip J. Brown: 652-8056

The Church at Woodview
Sunday service -10:30 a.m.
Hwy. 28, at Woodview,
Church Number: 930-6803
Pastor Paul Caldwell: 652-9401

St. Mary’s Roman Catholic Church
Clydesdale Rd.,
Sunday service
Confessions - 8:30 a.m.
Holy Mass - 9:00 a.m.

Father Joachim O. Nnanna is the new Pastor of St. Mary’s Roman Catholic Church.
Father Joachim is also the Pastor for Our Lady of Lourds in Cardiff and St. John Vianney in Highland Grove.
Phone Number: 613-339-2852

St Stephen’s Anglican Church
Hwy 620 at West Bay Road
We are closed for the winter.
Pastoral enquiries:
Rev Murray McColl 654-5085
Priest-in-Charge:
Ven David Peasgood
654-4941

Trinity United Church
Sunday service - 11:30 a.m.
Rev. Joan Hacock
613-339-2828

Rev. Joan and the congregations of the Apsley, Cardiff, Paudash Pastoral Charge are happy to welcome Linnea Good to our community.
Linnea Good is an award-winning “Musical Animator” whose primary work is to help communities & churches express their souls through music. Her soaring Celtic melodies and jazz-laced psalm-blues have taken her around the continent and world. Her professional travels have recently taken her to Europe, Australia, New Zealand and the Middle East. Linnea Good has been a singer-songwriter, musical animator and educator in the Christian Church and community for 20 years. Her passion lies in creating music that helps souls to sing, that builds bridges between generations, that leads to the transformation of our world…..And she’s coming to Trinity United Church in Apsley, May 19th @7:30pm.! Come and be a part of the fun - bring a friend.
Tickets: $12/adult; $8/ 6-16; under 6yrs/free; family rate $34. Tickets are limited - so purchase early!
Call Linda Reynolds @ 705-656-4744 to book.
Happy Easter to all!

The Apsley Women’s Institute will be holding their annual bake sale on Saturday, May 21, 2011 from 9:00 am to 1:00 pm. in the Courtyard outside the Bank. Pies are our specialty but there will be lots of goodies available.
Laura Redman
Liberal Candidate

I am very proud to be carrying the Liberal banner in this election. I have been on the ground listening to the issues, attending community meetings and helping to focus attention on the issues.

Haliburton-Kawartha Lakes-Brock deserves a full-time resident as their MP who actively engages in the community, promotes the area as a great place to live and work, and understands the pieces that need to fall into place to move this riding forward. I have a farm background, and 20 years experience as a journalist listening and presenting people’s stories.

We need to bring federal infrastructure dollars to road improvements, affordable housing, transportation and community multi-use facilities. We need to focus on effective job creation programs that will train, mentor and support our unemployed and underemployed – and in so doing, help to eradicate poverty. We need more front-line health care workers. We need to help our seniors who are struggling to pay their increasing bills.

We need to focus on agriculture as a key economic driver to ensure our farms are sustainable and profitable into the future. We need to address the real concerns about our watershed and waterway management. We need to find a way to keep our young people here and encourage the growth of our small and mid-sized businesses. We need to ensure that all of our children have a healthy start and active lives to take future pressure off of our health care system.

Our new Liberal team will be responsible in our fiscal management of the economy, and also ensure that we are not leaving anyone behind by offering a hand up toward a better future.

There is much work to be done across this riding, and I am ready to get to work on all of these issues, and to be a strong voice for Haliburton-Kawartha Lakes-Brock in Ottawa.

To our great community

We lost my Mum Joyce, on Friday March 25, 2011 at Bancroft hospital. We would like to thank all those who sent cards and supported us in this time. And a special mention to the staff and Doctors in Bancroft who made Mum’s last few days as comfortable as possible. More importantly, we would like to thank all those who made Mum’s past 8 years living in Apsley, enjoyable and fun. We would like to mention Yvonne MacDonald and Marie Clarke from Red Cross, and all the people at Community Care who have spent a lot of time helping Mum.

Thank you again to all.

David & Darlene Harman & Family
**COMMUNITY CARE**

**“Volunteers Go the Extra Mile”**

April marks the beginning of a new fiscal year for Community Care as well as our annual recognition events for our 900+ team of volunteers in the County of Peterborough. These dedicated people always go the extra mile to help seniors and adults with physical challenges maintain their independence and remain in their homes…where they want to be! They give of themselves, their skills and compassion to empower their fellow citizens.

Our services are more than simply a drive, a meal, or a telephone conversation; it’s the time taken to reassure someone, listen and chat, smile, and tell someone that you care. It’s all the little things that come so naturally to caring volunteers, which warm the hearts of those around them, and those whose lives we touch. Every volunteer makes a difference and helps to make our community an incredible place to live. For this we extend a heartfelt thank you.

Please join us as we publicly applaud all of the Community Care Volunteers - You Go the Extra Mile!

In the Apsley area, we have about 60 volunteers. Significant milestones include: Joan Forsyth and Jim Richmond who were recognized for 20 years of service and Holly Hilker, Marian Kidd for 10 years.

**Win Win Winter Raffle**

Our agency raffle was a huge success, a big thank you to Jackie Scott who sold over 200 tickets. The winners were 1st Prize - Greg Hogg, 2nd Prize – Vicki Armstrong, 3rd Prize – Lynn Hudson.

**We’ve moved to**

168 Burleigh Street
beside the Apsley Pharmacy.
Keep watching for our OPEN HOUSE.

If you would like to learn more about Community Care or would like to become a member of our volunteer team please contact 705-656-4589 at Apsley, visit the office at 168 Burleigh Street, or our website at www.commcareptbo.org.

Peggy Downey
Community Development Coordinator
(705) 656-4589

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**Visitors’ Voice**

**By Cathy Rankin**

I have been blessed with visiting Apsley for just over 10 years now, watching the area grow as a community in this short time span. We watch as new businesses continue to sprout up, not surprising considering the warm welcome and open arms extended by the residents.

Similar to those that live here, we too as visitors get excited when we pick up the latest copy of the Apsley Voice to catch up on the news about the opening of the new Community Centre, and we too followed closely each stage in the construction of the new public school being built, having done a few quick drive by’s ourselves during the building phase.

Our ties to this community fall on my husbands’ side, his grandparents having been long time Apsley residents Nora and Bruce Spence. They both lived in and loved this community for many, many years and I am proud that their fondness for Apsley passed on to my husband, and now, also, to our young son.

We are only but three visitors among the thousands that will begin to fill the streets of Apsley in the upcoming weeks. A lot of great things are happening to this small community in middle of cottage country, but it is the people here that make this area so special and keep the visitors coming back.

*Editor’s note: You can also view the Apsley Voice online at apsleyvoice.com.*

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**Apsley Country Bakery**

Naturally leavened bread
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**Wed to Sun, 8am to 6pm**

922 County Road 504
Apsley, ON, K0L 1A0

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apsleycountrybakery.weebly.com
DARTS FIRST PLACE WINNERS!

Linda Harvey, (Most Double Outs), Marg Reid, (First Place Most Points), Dave Sayers (First Place Most Points), and Tony McConney, (Most Double Outs) Congratulations to all! Darts are played on Mondays at the Legion in Apsley at 7:30 pm. The summer season of Darts begins the first Monday in May through to Sept. It’s a fun way to spend an evening. All are welcome!

With summer just around the corner it is a great idea to have our vehicles checked over and serviced in order to have a worry free motoring season. There is nothing worse than breaking down while on holidays. We offer a comprehensive inspection which covers your vehicle from bumper to bumper to identify any issues that are current or may be just around the corner. Also, we have just signed on to the Signature Tire program, so keep yours eyes open for our spring tire sale which will offer great value and pricing.

Happy and safe motoring!
Steve Jorgensen

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Have you had your blood pressure checked lately? The medical term for high blood pressure is hypertension. May 17, 2011 is World Hypertension Day. This year’s theme is “Know your numbers and target your blood pressure”.

More than one in four adult Canadians has high blood pressure and the risk of developing hypertension for those older than age 55 is 90%. All adults require ongoing assessment of blood pressure throughout their lives. They are encouraged to know their blood pressure numbers, understand what they mean and those with hypertension should learn how to monitor their blood pressure at home.

Hypertension is one of the leading causes of death if not detected and treated early. Many people do not take high blood pressure seriously until they experience a stroke, heart attack, kidney or eye disease and other complications. High blood pressure is easy to ignore because it does its damage quietly. It is often referred to as the silent killer since the first symptom may be a fatal heart attack. For those with diabetes, adequate blood pressure control can reduce premature death and disability by up to 50%.

Over 90% of Canadians with high blood pressure have other risks for cardiovascular disease, such as high intake of dietary sodium (salt), smoking, unhealthy diet, excess alcohol consumption, physical inactivity, chronic stress, abdominal obesity, elevated cholesterol and blood sugar levels. Some medications can also aggravate or induce hypertension. Management of these risk factors with a healthy lifestyle is key to prevent and control hypertension and the management of cardiovascular disease.

There are several things that you can do to stop hypertension and to keep your blood pressure lower:

- Accumulate at least 150 minutes of moderate to vigorous intensive aerobic physical activity per week in bouts of 10 minutes or more. Try walking, biking, swimming, skating, badminton, tennis, or any other physical activity that you enjoy.
- Eat more fresh vegetables, fruit, low-fat dairy products, whole grains and lean meat, fish and poultry. Limit fast foods, canned foods or foods that are bought prepared.
- If you are overweight, losing about 10 lbs will lower your blood pressure, and reducing your weight to a healthy range will lower your blood pressure even more.
- Eat less salt. Aim for 1500 mg or less per day. In general, the more processed a food is, the higher the salt content.
- If you drink alcohol, limit the amount to 2 drinks a day or less.
- It is important to stop smoking if you have high blood pressure. Smoking increases the risk of developing heart problems and other diseases.
- Talk to your health care providers about medications that can lower blood pressure, prevent heart attacks and strokes.

Your health care team, Dr. Rayes and Sally Khan, NP will hold a Blood Pressure Clinic Day on Saturday, May 14, 2011, 9:00 am to 3:00 pm at Apsley Medical Centre. Call the clinic to register your attendance. Get your blood pressure checked, learn more about what the numbers mean, how to prevent or keep your blood pressure controlled, and determine your personal risk factors for developing hypertension and cardiovascular disease. Refreshments will be served.
Doves and Hummingbirds

The same Mourning Doves, in the nest that they built last year, are back in our cedar hedge which surrounds our backyard patio. The hedge has grown about 1 foot above the hidden nest so I am quite sure they must be the same birds to have been able to find it. It is less than 6” from my face. The male Dove flew off when I first noticed him so I was able to see 2 eggs. It would seem that they may have been laid during the last week of March, it being April 2 when I saw them. Hope that you have your Hummingbird feeders washed, thoroughly rinsed and filled with a boiled solution of 4 parts water to 1 part sugar (NO red colouring - produces deformed young) – then cool. By trial & error, Hummers find that red flowers have just the correct amount of sugar for them so they will go to a feeder that is red – red plastic or even a red bow. Hummers begin to arrive the last of April, exhausted from their long trip which has used up all their fat energies. The only source of nutrition at this time may be the sap from holes that the returned Sapsuckers have opened up. Some Hummers perish for lack of food - feeders save the day. At our Jack Lake home, if the feeder was empty, they would tap on the window. One year, a pair built their lichen-covered nest of spider webs at the end of our deck. The elastic spider webs expanded as the babies grew. What a great experience for all to see!
George Trotter 1927 - 2011

The family of George Trotter would like to thank everyone in the community for all the cards, phone calls of condolence and food. Everything was very much appreciated at this tough time in our lives. It is comforting to know people care and are there for you when you need a shoulder.

We would also like to say it was an honour to have such a loving, generous, funny and strong husband, father, grandfather and great grandfather in our lives for as long as we had him. He was a great man and he will never leave our thoughts or hearts. We all have our precious memories of him. My favorite in particular was watching him tell a story or joke at the dinner table. He would get halfway through it and start laughing so hard he would be in tears, which would get us all laughing just watching him. Sometimes it took awhile to stop laughing so he could finish the story and it would usually be a knee slapper, so off we’d go again into fits of laughter. He left us with a lot of great memories and taught each of us that life is precious and to use every moment we get to the fullest. We will miss you George, Dad, Grandpa, Great Grandpa.

Your Loving Family
Barry Devolin  
Conservative Candidate  

Married with two children, Barry Devolin was elected as the Conservative MP for HKLB in June 2004 and re-elected in January 2006 and October 2008. Recently, he was the Assistant Deputy Chair of the Committees of the Whole, and is currently Co-chair of the Canada Korea Inter-Parliamentary Friendship Group.  

1. Why you and not the others? 
My staff and I have worked hard to provide top notch service for people in this riding. Also, we have held community meetings to focus on Passports, Seniors, Pensions and Benefits, Farms, Early Childhood and several other activities where we could listen and serve.  

In Ottawa, I have done my best to represent the views and values of my constituents. As Assistant Deputy Speaker, I have also done what I can to improve decorum in the House of Commons. And on the world stage, I am working to defend the human rights of North Korean refugees who escaped to China.  

As the incumbent I have the opportunity to run on my record - whether it is the service my staff and I have provided in the riding, the support I have given to local projects, or the legislation I have supported in the House of Commons. I am proud of the success we have achieved together.  

2. What are your future aspirations? 
If re-elected, my staff and I will continue to serve this riding as we have done for the past seven years. For example, I will continue to offer the Capital Experience for young people to learn about career opportunities. I will continue to work with and listen to local groups and carry their concerns to Ottawa. Two initiatives I have been involved with and would like to see implemented are the Volunteer Firefighter Tax Credit and a National Food and Farm Strategy.  

How Much More  
Will Families Have to Pay?  

Ontario PC Energy Critic John Yakabuski called on Dalton McGuinty to tell Ontario families how much more they will have to pay on their hydro bills for his expensive energy experiments.  

At a time when Haliburton-Kawartha Lakes-Brock families are paying Michigan, New York and Quebec to take away surplus power, hydro rates Ontario families pay for their own power are going up again on May 1st to pay for Dalton McGuinty’s expensive energy experiments, like his smart meter tax machines, unaffordable subsidies and his sweetheart Samsung deal. As of May 1st, hydro rates will have increased 84 percent under Dalton McGuinty, and a whopping 150 percent for families and small businesses with activated smart meters.  

Tim Hudak and the Ontario PC Caucus will put consumers first – both families and businesses – and respect that they pay the bills. Hudak has put forward several ideas to give families, seniors and small business owners relief on their hydro bills, such as pulling the plug on mandatory smart meter tax machines and calling for an audit of the Debt Retirement Charge – which records show should have been paid off by now.  

Quotes:  
“Dalton McGuinty once said Ontario families would pay only one percent more on their bills for his expensive energy experiments. We already know that’s not true. Dalton McGuinty must show Ontario families the respect they deserve and tell them how much more he expects them to pay.”  
--Laurie Scott, Ontario PC Candidate, Haliburton-Kawartha Lakes-Brock  

Quick Facts:  
• Yesterday, the Ontario Energy Board (OEB) announced another hike to hydro rate that will cost Ontario families another $75 per year. These increases are a direct result of Dalton McGuinty’s expensive energy experiments.  
• Hydro rates have increased eight times under Dalton McGuinty by a total of 84 percent, or a whopping 150 percent for Ontario families and small businesses with an activated smart meter tax machine.  
• Dalton McGuinty promised Ontario families his expensive energy experiments contained in his so-called Green Energy Act would only raise hydro bills by 1 percent. He later conceded, in last year’s Fall Economic Update, that bills are expected to go up 46 percent by 2015.
**Q: Is it true that if a fire station is more than 13 km away, that insurance premiums go up?**

**A:** Some insurance companies still use the distance to a firehall (usually 8 km) as a factor in setting their insurance premiums. However, most insurance companies set their rates using the Insurance Underwriters Association overall rating of the fire department – the North Kawartha Fire Department is rated very highly. This rating reflects personnel training, equipment type and condition, fire prevention programs, and certification of each station along with overall department practice.

All residents, not just those close to Station 3, should be aware of how insurance premiums are set, and review their current policy. Local agents, in Lakefield or Bancroft, are aware of rural fire insurance practices and know where to get competitive premiums. Seasonal residents often bundle their cottage insurance with their permanent home insurance, but this may be a higher cost option. I have heard from many residents that they were able to significantly reduce their insurance costs by using local agents to review their property insurance.

Regarding the closure of Station 3, it has not been possible to ensure ongoing certification of that station, primarily due to the low number of trained personnel near that location. Over the years, training and physical requirements by the Fire Marshall’s Office have increased hugely, and not enough volunteers have been able to commit the time required, especially since Station 3 was called out rarely. Response time requirements - when both equipment and personnel arrive at the scene – have been met by the Apsley Station 2 for several years.

Finally, it is important to make fire prevention a high priority, since fire losses are the biggest costs. Our fire and building departments place strong emphasis on helping home owners address the causes of fires - burning regulations (campfires, trash burning), building code standards (electrical systems, building design) and common practices such as fuel storage.

*Barry Rand*
*Deputy Reeve, North Kawartha Township*
I would like to point out a paradox that exists between the Harper Government and the Canadian Government. We citizens are the Canadian Government and are trying to plant the seed of Democracy in many countries suffering under Dictatorships.

At the same time the “Harper Government” mainly Stephen Harper and his puppets have planted the seed of Dictatorship in Canada. He now seeks a Majority Government so he can be in full control of every facet of life in our Canada. He has shown all the trappings of a budding Dictator!

If he does not want to answer questions in Parliament, he shuts it down by proroguing it.

To show how inept he is, Mr. Harper disregards the cost and orders 40 of the most expensive and useless multi-task warplanes designed so we can be ready for war at any time. He does not inform Parliament of the true cost of these planes plus the astronomical cost of maintaining them. Mr. Harper shows how reckless he is economically by ordering these untested war planes WITHOUT PUTTING THE ORDER OUT FOR TENDER!

In the short time he has been in power, he has turned the last Liberal Government Surplus into Canada’s highest ever Deficit... ... the Harper Conservative Deficit.

He puts on the expensive 1-Billon Dollar G-20 meeting (lake and all in Toronto) literally closing up businesses in downtown Toronto. He tries out the Dictatorship style of controlling the crowds of peaceful protestors and innocent by-standers by injuring and arresting many of them.

Recently a former Dictator of an African country stated that “He was the only person who could save his country”. Mr. Harper claims that he is the only one that could save this beautiful country of ours from financial ruin. Many of the citizens of Canada fled from Dictatorships and came here to enjoy freedom and to take part in building this Country.

All Canadians should ask themselves these questions:
Do I want my children and grandchildren to end up being controlled by a would-be Dictator?
Can Mr. Harpers’ promises of tax cuts (4 or 5 years) in the future be believed... after he gets rid of the deficit?
Would you believe a man who promises to abolish the Senate and then appoints another large number of Conservative Senators at your expense?
Make sure you vote or your freedom could wither on the vine!

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