



Solar powered homes can be beautiful as well as self sufficient.

Photo: L.A. Perna

## THE GUT *By L.A. Perna*

This spring and summer explore the Apsley area by visiting the Gut. The “Gut” is a large gorge that the Crowe River flows through. Some of you may remember it as ‘Buttermilk Falls’, before it was a conservation area.

The Gut Conservation Area features a spectacular waterfall, rugged rocks and walking trails, a parking lot, a stairway down to the gorge and a lookout area. This is a great place to explore this summer with family and friends. It’s also a unique and wonderful place to take photographs. From the parking lot, rustic stairs lead you gently down through the forest to the gorge. The walk down is fairly easy though a bit of a climb back up if you are stair challenged.

The Crowe River rushes through a fissure through Precambrian rock down from thirty metres high, with canyon walls on either side. The gorge is breathtaking.

To get there take the 504 from Apsley to Lasswade Road where there is a sign for the Gut. Be forewarned the road to the Gut is quite rugged and bumpy and it’s a single lane so you’ll need to go slowly, but the trip is well worth it.



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